

What vaccines do YOU need?

VACCINE	WHO SHOULD RECEIVE IT?
Tetanus/Diphtheria	Everyone, every 10 years
Pertussis (Whooping Cough)	Everyone, once in adulthood
Measles/Mumps/Rubella	People who have not had 2 doses of the vaccine after their 1 st birthday and no documented proof of disease
Influenza	Everyone, annually
Hepatitis A	Anyone at risk of exposure through their occupation or travel. Police Officers are at an increased risk due to possible exposure to unsanitary residential conditions
Hepatitis B	Anyone at risk of exposure through their occupation, lifestyle or environment. All Emergency Service Workers are at an increased risk of contracting Hepatitis B and should have the series of 3 injections plus post-vaccination bloodwork to confirm immunity.
Pneumococcal (Pneumonia)	Anyone age 65 or older or those at high risk due to medical conditions
Varicella (Chicken Pox)	Anyone who has not had the disease
Herpes Zoster (Shingles)	Anyone age 60 or older

