

Join a Taoist Tai Chi® class today!

Niagara Branch (905) 935-7583 www.taoist.org/niagara

2016

ST. CATHARINES HORSESHOE CENTRE 222 Bunting Rd.

OPEN HOUSES Saturday, May 14, at 10 am Friday, July 8 at 6 pm

BEGINNER CLASSES Come and visit us during class times, and join a class any week.

Monday 7:30 – 9:00pm Wednesday 7:30 – 9:00pm

Thursday 7:00 – 8:30pm Monday/Thursday 10:00 – 11:00am (twice a week)

Tuesday/Friday 10:00 – 11:00am (twice a week)

Wednesday 10:00 – 11:30am

BEGINNER WEEKEND

Friday, July 8: 7:00 – 9:30pm (registration at 6:30pm Friday) Saturday, July 9: 1:00 – 5:00pm Sunday, July 10: 1:00 – 5:00pm

For more details visit: www.taoist.org/niagara

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NIAGARA FALLS

Orchard Park School
3691 Dorchester Road

BEGINNER CLASSES

Wednesday 7:30 - 9:00pm

Come and visit us during class times, and join a class any week.

FONTHILL

Fonthill United Church 42 Church Hill, Fonthill

BEGINNER CLASSES

Thursday 7:30 - 9:00pm

Come and visit us during class times, and join a class any week.

Classes are subject to change; for more details visit: www.taoist.org/niagara

or www.facebook.com/flkttc.niagara

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